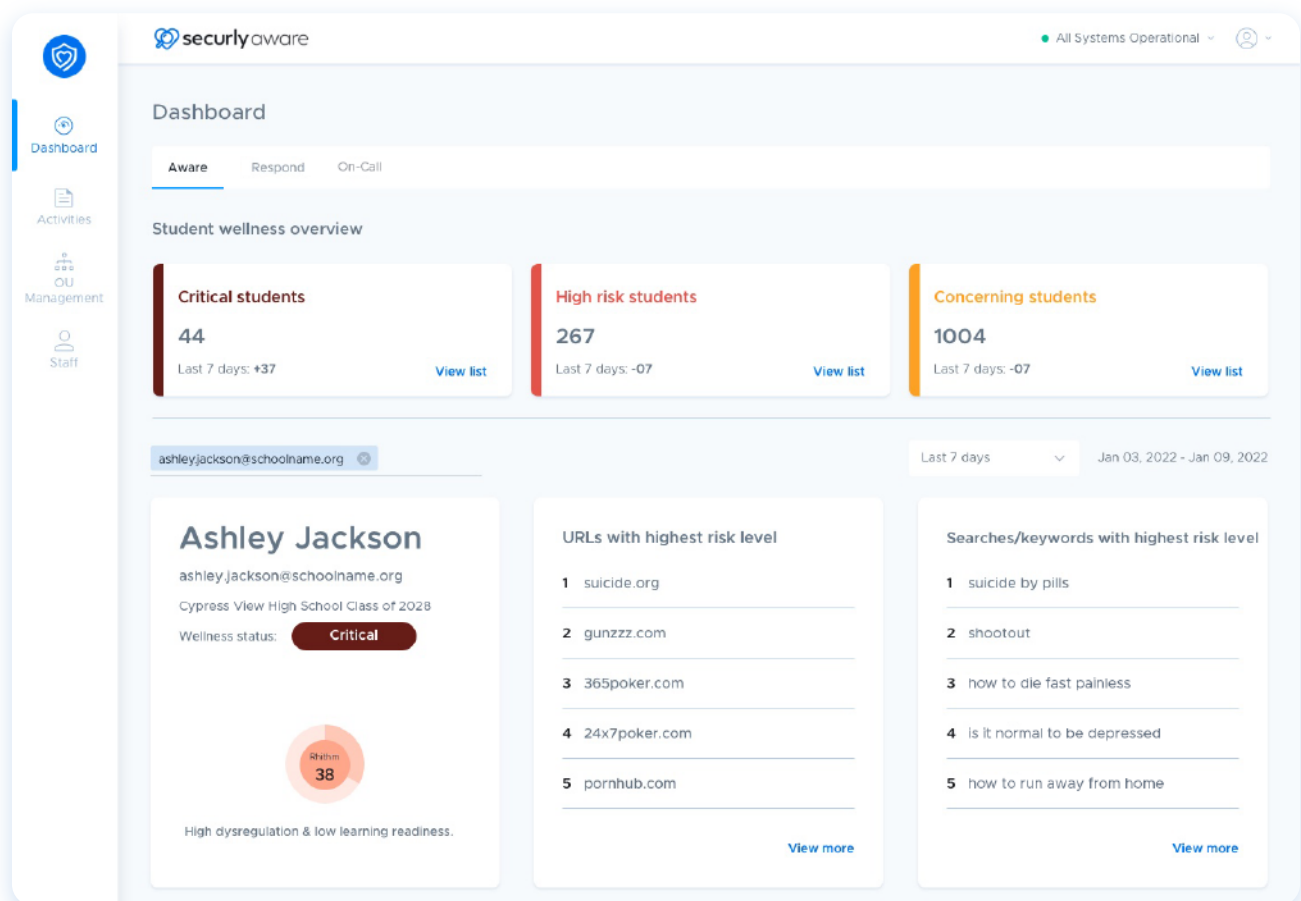# Get the full picture of student wellness

rhithm

Securly Rhithm is a wellness check-in tool that supports the development of essential life skills—in less than 5 minutes per day. By completing Rhithm's emoji-based questionnaire and short regulation activities, students develop emotion regulation skills and get ready to learn.

aware

Securly Aware is a student wellness monitoring solution that scans student online activity for signs of bullying, violence, self-harm, and suicide. Aware gives you the ability to know which students are struggling so you can intervene quickly and early — before things get worse.

The Aware dashboard gives you a broad picture of student wellness, flagged activity trends, and detailed information on any student for any time frame. Integrate Aware with self-reported student wellness data from Rhithm to round out your understanding of a student's wellness and inform interventions.

Identify students at risk

Easily understand which students in your school or district are in need of intervention, so you can use your resources effectively.

Know what intervention students need

Analyze any student's flagged activity to know what they're struggling with, and provide proactive help.

Integrate self-reported wellness data

Gain additional context for student wellness levels with self-reported data from Securly Rhithm.

Prevent bullying, grief, and self-harm

Dig deeper into flagged activity data for any time frame and visualize district-wide wellness trends with easy-to-read charts and breakdowns.

Don't worry about your students' wellness. Know for sure with Aware.
To learn more, go to:
www.securly.com/aware

Learn from your students how they're really doing.
To learn more, go to:
www.securly.com/rhithm